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## Midde School Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 11/20/23 | 11/21/23 | 11/22/23 | 11/23/23 | 11/24/23 |
| Chocolate Croissant <br> or <br> Banana Muffin | Chocolate Chip Mini French Toast or Blueberry Bread | NO SCHOOL FALL BREAK | NO SCHOOL FALL BREAK | NO SCHOOL FALL BREAK |
| Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit <br> Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit <br> Choice of Milk |  |  |  |
| 11/27/23 |  | $11 / 29 / 23$ | 11/30/23 | 12/1/23 |
| NO SCHOOL FALL BREAK | Apple Frudel <br> or <br> Banana Bread | Cinnamon Waffles <br> or Chocolate Donut | Mini French Toast with Syrup or French Toast Bar | Mini Cinni Bagel <br> or <br> Apple Cinnamon Muffin |
|  | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit <br> Choice of Milk |
| 12/4/23 | 12/5/23 | 12/6/23 | 12/7/23 | 12/8/23 |
| Pancake Sausage on a Stick or Chocolate Chip Banana Bar | Waffles <br> with Syrup <br> or <br> Blueberry Muffin | Mini Cinni <br> or Apple Cinnamon Bar | Chocolate Croissant <br> or <br> Banana Bread | French Toast Minis with Syrup or Yogurt Parfait with Granola |
| Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk |
| 12/11/23 | 12/12/23 | 12/13/23 | 12/14/23 | 12/15/23 |
| Apple Frudel <br> or <br> Blueberry Bread | Pancakes with Syrup or French Toast Bar | Chocolate Chip <br> French Toast or Chocolate Donut | Mini Cinni <br> or <br> Banana Muffin | Mini Waffles with Syrup or Apple Cinnamon Bar |
| Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk |
| 12/18/23 | 12/19/23 | 12/20/23 | 12/21/23 | 12/22/23 |
| Apple Frudel <br> or <br> Blueberry Bread | Pancakes <br> or Chocolate Banana Bar | Mini Waffles with Syrup or Powered Donut | Confetti Pancakes with Syrup or Chocolate Chip Muffin | WINTER BREAK |
| Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk | Assorted 100\% Fruit Juice <br>  <br> Assorted Fresh Fruit Choice of Milk |  |
| 12/25/23 | 12/26/23 | 12/27/23 | 12/28/23 | 12/29/23 |
| WINTER BREAK | WINTER BREAK | WINTER BREAK | WINTER BREAK | WINTER BREAK |
|  |  |  |  |  |
| Student Paid Breakfast \$0.00 Student Reduced Breakfast \$0.00 Adult Breakfast- Ala Carte |  |  |  |  |

What is a Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein Choice of fruit or vegetable
(must take at least a $1 / 2$ cup) and
Choice of Milk
Choice of Milk - $1 \%$ white, fatfree white and chocolate.

You must take at least $1 / 2$ cup of fruit or vegetable

Whole Grain Cereal
Selection May Include:
Cinnamon Toast Crunch
Trix
Cocoa Puffs
Cheerios
Fruit Loops
Lucky Charms
Reese's Puffs
Frosted Flakes
Golden Grahams

Daily Fruit Selection May Include:
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, $100 \%$ juice (apple, orange, fruit punch,
grape, orange pineapple, fresh fruit selection including apples, bananas and oranges, pears, other seasonal fruit as available.
$\frac{\text { Daily Offerings }}{\text { Assorted Pop Tarts }}$ \& Assorted Cereals

General Manager Rose Levan 610-782-0961 levanr@whitehallcoplay.org

Chef Manager
Derek Kolumber 610-782-0961
Kolumberd@whitehallcoplay.org
Menu is subject to change based on product availability

This institution is and equal opportunity provider and employer

